



Unilock Wellness Program Exercise Reimbursement Program

Employees who complete the following criteria will receive a \$50 exercise reimbursement

1. Go to fitness center of your choice or work out at home a minimum of 12 workouts/month
Some examples of activities that count are weight training, running, walking, yoga, hiking, biking or anything that raises your heartrate. Activities that don't count are vacuuming, mowing the lawn, cleaning the house or any "everyday" chore.
2. Turn in a Monthly Fitness Exercise log with Dates/Activity and Duration or Gym Attendance log to: **Melissa Moccia, no later than the 5th of every month**
3. You will need to keep track of your activities and submit the log to Melissa Moccia at Melissa.moccia@unilock.com by the 5th day of each month following a quarter end (April, July, Oct and Jan).
4. Receive the in the following payroll period..., Easy!